















Calculate what the cap on social assistance might mean for you (instructions)

Here you can find instructions for how to calculate what the cap on social assistance might mean for you.

	Go to www.lifeindenmark.dk/calculate-cash-benefits-cap .
	Click [Start].
	By typing in your information, you can see whether your special help for high housing costs and housing benefits will be reduced due to the cap on social assistance. You only need to fill in the areas that are relevant to you.
	Under 'Hvor meget kan du maksimalt få udbetalt i samlet støtte?' you must write the maximum amount you are eligible to receive in total benefits.
	Under 'Hvor meget modtager du i kontanthjælp før skat pr. måned?' you must write how much you are receiving in social assistance before tax per month.
	Under 'Hvad får du i boligstøtte om måneden?' you must write what you receive in housing benefits per month.
	Under 'Hvor mange voksne bor I i boligen?' you must state how many adults live in your home.
	Under 'Hvor meget får du i særlig støtte pr. måned?' you must write how much you receive in special help for high housing costs per month. If you do not receive any special help for high housing costs, write '0' DKK.
	Under 'Har du arbejde ved siden af kontanthjælpen?' you must answer whether you are working while receiving social assistance. Select 'Ja' (Yes) or 'Nej' (No).
	If your answer is no , please be aware that the cap on social assistance means that it is now advantageous for you to work - even if it is just a few hours per week. This is because when you are working, you will receive more in special help for high housing costs and housing benefits.

	<p>If your answer is yes, under 'Hvad er din løn pr. måned før skat og arbejdsmarkedsbidrag?' you must write what your monthly salary before tax is and what your social security contribution is.</p>
	<p>Under 'Hvor mange timer arbejder du pr. måned?' you must write how many hours you are working per month.</p>
	<p>Click [Beregn] (Calculate).</p> <p>Under 'Udbetaling' (Payment), you can see the amount that you will be paid.</p> <p>Under 'Reduktion' (Reduction), you can see the amount that you will not be receiving due to the cap on social assistance.</p>
	<p>The graph shows an example of a calculation of how much you can approximately receive based on the information you have entered.</p> <p>Everything below the dotted line is what you will be paid, and everything above the dotted line will not be paid due to the cap on social assistance. If there is no dotted line, it is because you are not covered by the cap on social assistance.</p>

More information

You can read more about the cap on social assistance on <http://www.lifeindenmark.dk/housing-benefits-cash-benefits> .