

Complete and send the form via

Digital post: www.lifeindenmark.dk/international-pension-contact

Mail: Foedevarecheck@atp.dk (be aware that this is not a secure mail)

Regular post: Udbetaling Danmark, International pension, Kongens Vænge 8,
DK-3400 Hillerød, Denmark

Danish State Pension

Apply for food check (fødevarecheck) for state pensioners

Your information

Name	Danish CPR number
Address	Telephone number

The deadline for applying is 30 September 2026

If you wish to apply for the food check, we must receive your application no later than 30 September 2026.

You must state your liquid assets as of 31 December 2025 in the form below. Please read the guidance on the next page before completing the application form.

Liquid assets in Denmark and abroad as of 31 December 2025

	Amount as of 31.12.2025	Currency:
Deposits in banks (debt cannot be deducted, see guidance on the next page)		
Market value of bonds		
Mortgages in custody		
Market value of deposited listed shares		
Market value of mutual fund certificates		

Statement and signature

I declare that the information regarding my liquid assets as of 31 December 2025 is correct.	
Date	Signature

You will hear from us within 2 months after we have received your application.

The food check (fødevarecheck) can be paid to state pensioners who received a Danish state pension for November 2025 and who, as of 31 December 2025, had liquid assets not exceeding DKK 350,000. We will convert any assets held in foreign currency into Danish kroner when calculating your total assets.

It is your liquid assets as of 31 December 2025 that determine whether you are entitled to the food check. Any subsequent changes in the size of your liquid assets do not affect your entitlement. It is therefore important that you state your liquid assets as of 31 December 2025.

Your liquid assets are calculated as the sum of the following:

- Deposits in banks
- Market value of bonds
- Mortgages in custody
- Market value of deposited listed shares
- Market value of mutual fund certificates

You should not enter debt, as debt cannot be deducted from your assets. In case of negative amounts, the field must be filled in with 0 DKK.

Compensation for loss of earning capacity paid as a result of personal injury, as well as other types of compensation, cannot be deducted from your assets.

Income intended for living expenses, for example ATP and state pension cannot be deducted from your assets either.

You only need to declare your own liquid assets. Your spouse's or cohabiting partner's liquid assets are not included in the calculation of your assets.

Duty to provide accurate information

You are required to declare your total liquid assets.

We may reclaim the food check if you provide incorrect information about your assets.

You may also be fined if you provide incorrect or misleading information about your liquid assets or fail to provide information that is relevant to your entitlement to the food check, cf. section § 14 i lov om Udbetaling Danmark.

How Udbetaling Danmark processes your personal data

Udbetaling Danmark is the data controller

Udbetaling Danmark is responsible for processing the personal data that we have about you.

In this privacy notice you can read more about the types of personal data we process about you, how we process your personal data and the data protection rights available to you when we process your personal data.

Why we process your personal data

We process your personal data for the purpose of determining whether you are entitled to receive the food check payment.

What personal data do we collect about you and where do we collect it?

We only collect information about you that is necessary to process your case.

Udbetaling Danmark collect the following personal data about you:

Non-sensitive personal data

- We receive your civil registration number (CPR number) and other basic information from The Danish Civil Registration System (CPR)
- We receive information about assets from The Danish Tax Agency
- We receive information about account numbers/NemKonto from the Agency for Digitisation and information about registration for / exemption from Digital Post
- We receive information about any potential irregularities related to mail from DAO or other postal service companies
- We receive personal identification numbers of individuals who do not have legal residence in Denmark from The Danish Return Agency and The Danish Immigration Service

Criminal convictions and offences

- We receive personal identification numbers of individuals who have been expelled by court order from the Danish Prosecution Service.

How do we process your personal data?

We process your personal data, when we make decisions regarding the food check and disburse it, or when we take other necessary steps to process your case.

To check whether you are entitled to the food check; we can combine our own information with necessary, non-sensitive personal data that we have collected from other parties. Our own information about you is the information that you have provided and the information we receive from other departments within Udbetaling Danmark and ATP, for example that a food check payment has been made.

Who do we share your personal data with?

We can share information about you with other parties that are authorised to receive it, e.g. public authorities and institutions.

ATP and Udbetaling Danmark exchange information about individuals who receive the food check.

We share the following personal data about you:

- We disclose information about the time of payment and personal identification number to the Danish Agency for Labour Market and Recruitment.
- We disclose information about payments to the municipalities.
- We disclose information about payments to your bank/NemKonto (the Danish Agency for Digital Government).
- We disclose information about the payment of the food check to Statistics Denmark.
- We are in some cases required to disclose your case to the Danish National Archives.

How long do we store your personal data?

We store your personal data while we process your case and delete it 5 years after the year, in which the case is closed. Your personal data is stored after the case is closed in accordance with current legislation (forældelses-, bogførings- and arkivloven).

What are your data protection rights?

Right to object

You can object to Udbetaling Danmark's processing of your personal data.

Right to access

You can obtain a copy of the information we process about you.

Other rights

You can also request:

- to have your personal data rectified or deleted
- to have your personal data transferred to you or to someone else (the right to data portability)
- to have our processing of your personal data restricted

There may be exceptions to the listed data protection rights, as they are not absolute and may be conditional or limited. For instance, it is not certain that you have the right to have your personal data deleted in specific instances. This right depends on the reason why we process your personal data, meaning it depends on the specific circumstances connected to our data processing.

How Udbetaling Danmark processes your personal data

If you have questions

Udbetaling Danmark, International Pension

If you have any questions about the food check or about Udbetaling Danmark's use of your personal data, please contact Udbetaling Danmark, Pension. You can contact us online at www.lifeindenmark.dk/international-pension-contact or call us at +45 70 12 80 55. If your question concerns our use of your personal data, please include "Personal Data" in the subject line of your question.

Data Protection Officer

If you believe that Udbetaling Danmark's response to your request for access is inadequate or that Udbetaling Danmark has failed to comply with your personal data rights, please contact the Data Protection Officer at www.lifeindenmark.dk/udbetalingdanmark-dpo-contact or by calling +45 70 11 12 13.

The Danish Data Protection Agency

If you are dissatisfied with the way Udbetaling Danmark processes your personal data, you can file a complaint with The Danish Data Protection Agency. Read more and find their contact information at www.datatilsynet.dk/english/

Please note that The Danish Data Protection Agency only handles complaints regarding the use of your personal data. The Danish Data Protection Agency does not handle complaints regarding your case on the food check. If you are dissatisfied with the way Udbetaling Danmark processes your case on the food check, please contact Udbetaling Danmark.

Data controller

Udbetaling Danmark
Kongens Vænge 8,
3400 Hillerød
CVR-nr. 33236239

Legal framework

- Sections 3, 6 and 7(3) and (5), Section 9(3), Section 10 and Section 14 Act on one-off payments to recipients of cash benefits, state pension, child and youth benefits, and educational grants, etc.
- Section 12 of the Danish Act on Udbetaling Danmark (Udbetaling Danmark-loven).
- Article 6, section 1, letter e of the Data Protection Regulation (ordinary personal data)
- Article 10 of the Data Protection Regulation (criminal convictions and offences)
- Chapter 3 of the Data Protection Regulation (the rights of the data subject)
- Section 11, section 1 of the Data Protection Act. (social security number)

The legal framework is available (in Danish) at www.retsinformation.dk and (in all EU languages) at www.eur-lex.eu.

